

Holy Child Roman Catholic Parish

Holy Child Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

2636-7th Avenue East, Regina, Sk., S4N 6A3

Office: 306-789-8276

Parish Office: Open Tuesday to Friday from 9 am to Noon

Email: holychild@sasktel.net

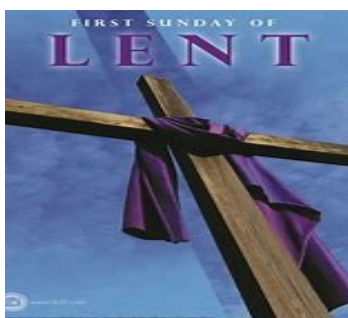
Website: www.holychild2019.ca

Fax: 306-789-2171



March 9, 2025
1st Sunday of Lent

First Reading: Deuteronomy 26:4-10 Psalm 91 Second Reading: Romans 10:8-13
Gospel: Luke 4:1-13



Weekday Masses: Tuesday, Thursday and Friday at 8:30 am
Wednesday at 7:00 pm (during Lent)

Weekend Masses: Saturday 7:00 pm
Sunday 9:00 am & 11:00 am

Children's Bulletin

For other resources, please go to the Archdiocese of Regina website:

www.archregina.sk.ca



March 9, 2025 – 1st Sunday of Lent

Masks are optional for everyone. Masks are optional for communion ministers.

Some good practices to protect yourself, and others, against Covid-19 and other viruses:

- Practice proper cough and sneezing etiquette (into a tissue or the bend of your elbow).
- Practice frequent handwashing.
- Please stay home if you are sick.

The Annual General Meeting was held last Sunday, and we would like to Thank all those who attended. We would also, like to Thank those who have let their name stand for another year and for those who have taken on a new position. Your dedication to serving the Parish is greatly appreciated!

Sympathy to Carla Redler & family on death of her mother-in-law, Eva Redler. + + + + + + +

Mass Intentions for the week of March 11-14:

Tuesday, March 11 - +Al Exner

Wednesday, March 12 – Denise Wihlidal

Thursday, March 13 - +Reg and Jim Stroeder

Friday, March - +Anderbrhan Ashedom



The 2024 Annual Appeal final report has been totalled, Holy Child’s target was \$33,701., and we once again surpassed the goal at \$44,969. This is 133%. Thank you for your generous support to the Appeal!

Please read the enclosed Lenten page, it has all the information for the upcoming Lenten season.

The Lenten booklets have arrived!! “Not by Bread Alone”, daily reflection booklets for the Lenten season, are available in the office for \$5.

Easter Flowers: We will once again be purchasing flowers to decorate the Church sanctuary throughout the Easter season. If you would like to participate, place \$10. per name in the “**Flower Offering**” envelopes that are available in the foyer, as well as your name and parish donation envelope number. (Make cheques payable to Holy Child Parish).

Please use these envelopes only. The envelopes may be placed in the collection boxes or dropped off at the office during business hours. The names of all who are remembered will be published in the Easter Sunday bulletin. **The deadline is Sunday, April 13.**



40 Cans for Lent: You are invited to bring your non-perishable food items and deposit in the barrels provided in the foyer for the Regina Food Bank. Thank you for supporting the needs of our community.

Archbishop O’Neill Knights of Columbus

All are welcome to join us on Friday, March 14th at 7 pm at Holy Child Parish for an evening prayer service, Light in the Darkness, to support victims of clergy sexual abuse. May the graces of the Jubilee year enable us to enter into a synodal relationship that demonstrates a commitment to restoring justice, trust and healing for those who bear the deep wounds of clergy sexual abuse. Coffee and conversation in the hall afterwards. Poster in foyer.



Spring Supper Spectaculaire

Sunday, March 23 at 5:00 pm at Holy Child Parish

Guest Speaker: Archbishop Don Bolen

Catered by Charlotte’s Catering: Roast beef, cabbage rolls, perogies

Tickets: Adults \$40. And Children under 12 \$10.

Tickets will be on sale after Mass.

Sponsored by Holy Child Social Justice Committee

Poster in foyer



Holy Child Parish is scheduled to provide food for the Warming Centre at Carmichael Outreach on the nights of March 12, 21 and 27. We appreciate donations especially of homemade baking for any of these nights. Agnes 306-551-9063 or Faye 306-527-9363 for more information. We thank you for your generosity.

The Holy Child Social Justice Committee has an account at Sarcan, if you would like to donate your recyclables. Go to any Sarcan's Drop & Go location and enter Holy Child on the screen when asked for the group. They will then receive an e-transfer from Sarcan for any donations given to them. Thank you for your support!

The Holy Child Memorial Fund was established to remember our deceased loved ones through art and environmental mediums, such as the stained-glass windows. When donations are received, they are entrusted to this fund until such times when other symbols of faith are purchased to enhance the beauty of the Church. Deceased loved one's name are written in the Memorial Book located at the back wall of the church and remembered by the Parish Community in the month of the anniversary of their death. If you would like to contribute to this fund, Memorial Fund envelopes are available at the entrance of the church, or you may call the Parish Office with the information.

Please remember to put your name and \$ amount donating, for accurate purposes.

Parishioners are encouraged to use donation envelopes. You may also use Pre-Authorized Debit or e-transfer, please call the office at 306-789-8276 for instructions. Your donations are recorded, and an income tax receipt is issued. If you would like a box for 2025, please use the sign-up sheet in the foyer or call the office. If you are new to the Parish and have not registered or any changes in your address, phone number, please use the "New Parishioners/Change of Address" form on the back page of the bulletin or call the office.



Taize Prayer will be held Thursdays at 7:00 PM during Lent from March 13th to April 15th at Resurrection Parish, 3155 Windsor Park Road.

St. Philomena Walking Pilgrimage on August 11-14. For more information or to register, visit the website at www.stphilomena.ca. There are a few pamphlets in the foyer on the bulletin board.

Kindergarten and Pre-Kindergarten Registrations

St. Catherine School, located at 150 Brotherton Avenue is currently accepting **NEW** student registrations for the 2024/2025 school year. This includes registrations for our Pre-Kindergarten, Kindergarten and Elementary Intensive Support Classroom (EISC). Please visit our website www.stcatherine.rcsd.ca to submit your registration. If you have any questions, please do not hesitate to contact us at (306)791-7325.

St. Theresa School is now accepting Pre-Kindergarten and Kindergarten registrations for the fall.

Pre-Kindergarten must be 3 years old before they start, and Kindergarten students must be 5 years old as of December 31, 2024. To register please go to our website <https://sttheresa.rcsd.ca/register> and select the correct registration form for Pre-Kindergarten or Kindergarten.

French Immersion Registration at Ecole St. Elizabeth, located at 5149 E Green Brooks Way, is accepting registrations for kindergarten to Grade 8 for the 2024-2025 school year. Call 306-791-7300 to register. For details, please visit at www.rcsd.ca/school/StElizabeth. Children must be five (5) years of age by December 31, 2024, and must reside in our attendance area.





In Loving Memory

MEMORIAL BOOK This month we will remember

<i>Frederich Schneider</i>	<i>Mar. 1, 1936</i>
<i>James (Jim) Zatulsky</i>	<i>Mar. 2, 2015</i>
<i>Irene Nagel</i>	<i>Mar. 3, 2020</i>
<i>Mildred (Millie) Netzer</i>	<i>Mar. 3, 2022</i>
<i>Peter Neumann</i>	<i>Mar. 4, 1997</i>
<i>Jerome (Jerry) Vertefeuille</i>	<i>Mar. 6, 2005</i>
<i>Ernest Sklarchuk</i>	<i>Mar. 7, 1988</i>
<i>Leonard Ferner</i>	<i>Mar. 7, 1995</i>
<i>Lydia Bachman</i>	<i>Mar. 8, 1988</i>
<i>Roy Fink</i>	<i>Mar. 8, 1998</i>
<i>Erwin Kroener</i>	<i>Mar. 9, 1993</i>
<i>Theresa Bauman</i>	<i>Mar. 10, 2007</i>
<i>William Bardutz</i>	<i>Mar. 11, 2022</i>
<i>Balbina Majkut</i>	<i>Mar. 12, 2023</i>
<i>Cecilia Senger</i>	<i>Mar. 13, 2012</i>
<i>Jim Herauf</i>	<i>Mar. 13, 2022</i>
<i>Rita Breese</i>	<i>Mar. 14, 2017</i>
<i>Robert Burghardt</i>	<i>Mar. 14, 2022</i>
<i>Stephen Gabriel</i>	<i>Mar. 15, 2006</i>
<i>Come Martin</i>	<i>Mar. 16, 1983</i>
<i>Nellie Diewold</i>	<i>Mar. 16, 1999</i>
<i>Yvette Waldenberger</i>	<i>Mar. 16, 2002</i>
<i>Lawrence Rodrigues</i>	<i>Mar. 16, 2004</i>
<i>George Morhart</i>	<i>Mar. 17, 1982</i>
<i>Jeanne Dietrich</i>	<i>Mar. 18, 2012</i>
<i>Natalina Freitas</i>	<i>Mar. 18, 2019</i>
<i>Leo Wingert</i>	<i>Mar. 18, 2020</i>
<i>Fr. Lawrence Folk</i>	<i>Mar. 19, 2007</i>
<i>Anastasia Bast</i>	<i>Mar. 21, 1998</i>
<i>Darlene Neumann</i>	<i>Mar. 21, 2021</i>
<i>Darcy Selinger</i>	<i>Mar. 23, 1981</i>
<i>Angus Pawelko</i>	<i>Mar. 23, 1979</i>
<i>Rev. Emmett Mooney</i>	<i>Mar. 24, 1995</i>
<i>William Burghardt</i>	<i>Mar. 24, 1999</i>
<i>Bruno Beltramini</i>	<i>Mar. 24, 2020</i>
<i>Rita Solie</i>	<i>Mar. 25, 2021</i>
<i>Megan Taylor</i>	<i>Mar. 26, 1987</i>
<i>Bill Grill</i>	<i>Mar. 28, 2002</i>
<i>Elizabeth Sentes</i>	<i>Mar. 29, 2010</i>
<i>Cody Keller</i>	<i>Mar. 29, 2012</i>
<i>Adam Eberle</i>	<i>Mar. 29, 2021</i>





Charitable Foundation Cash Calendars

This was the 1st year that the Cash Calendar was available. As a result of the Council selling 80 calendars our Chaplain, Fr. Brian Meredith, received a jacket from the K of C Charitable Foundation.

The jacket was presented to him at the Holy Child Parish AGM on March 02nd

Presenting Fr. Brian with his jacket is PGK/Foundation treasurer Wayne Matt



Photo provided by St. Catherine School

School staff distributing the meal to students in the gym

Council # 8896 got up early on Tuesday (Shrove) Mar 04th to prepare pancakes & sausage for St. Catherine School. Approx 900 sausage/pancakes were delivered to the school in-time for the hearty breakfast. Thank you to Doug Lunnin, Perry Fuchs & GK Gerald Hoffart (Paul made coffee) for putting the meal together

A poster for 'MyGen Youth Rally' titled 'CHOOSE ADVENTURE!'. The poster features a large tree made of words, with a sun in the background. The text on the poster includes: 'MyGen YOUTH RALLY', 'CHOOSE ADVENTURE!', 'MARCH 29TH 6:00 - 8:00pm - All-ages', 'Archbishop M.C. O'Neill Catholic High School (138 Argyle St. W. Regina, SK)', 'Grades 9-12', 'Free but donations are appreciated. For info and to register: WWW.MYGENRALLY.CA'. There are also social media icons at the bottom.

CHOOSE ADVENTURE!

In this life, we're given an option: do we view the struggles of this world as hardship and burdens, or do we embrace with joy this radical adventure that God has laid out for us!

This year at MyGen: *Choose Adventure!*, we're choosing to dive head first into the incredible journey that is the Christian life! From serving the poor, loving our neighbours, and trusting God every step of the way, this life is truly one big adventure!

So are you ready?

PLEASE CONSIDER DONATING

Since 2022, MyGen has been free to attend. However, the reality is that it costs a significant amount to run this incredible event.

If you are in a place where you feel you are able to, please consider donating to help keep MyGen running for years to come.

DONATE NOW

LEARN MORE

Our Council promotes/supports this exciting event! Students, if you are in grade 9 – 12, consider registering for the day-long activity, go with a friend...you won't be sorry you did. Parents &/or grandparents, encourage your children/grand children check this out

For more information:

**Gerald Hoffart, Grand Knight – 306.331.6858; gphoffart@sasktel.net
Paul Ponak, Financial Secretary – 306.790.9317; prponak@sasktel.net
Norbert Philippe, Program Director – 306.789.0073; norphi@sasktel.net**





Lent 2025

“Return to the Lord, your God for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing.” Joel 2:12-18

The Lenten season begins on Ash Wednesday, March 5, with Mass at 7:00 p.m at Holy Child. There will be school celebrations for distribution of ashes at Holy Child on Ash Wednesday morning as well. Parishioners are invited to celebrate with St. Theresa School at 9:30 a.m. and St. Catherine School at 11 a.m. in the church.

The primary themes of the Lenten season are baptism and penance.

We join with those throughout the world who are preparing for baptism at Easter in this time of purification and enlightenment and look at the areas of our lives in which we are not totally living as children of God.

Throughout this Lenten season we strive to grow in faith and prepare to renew our baptismal promises at Easter. As members of the global community, we journey towards ‘Solidarity Sunday’ on April 6 by focusing on various Development and Peace Partners in the Global South and how our ‘Share Lent’ donations are used to assist them in development projects. The focus for Share Lent this year is “Turn Debt into Hope”, reflecting the scriptural jubilee call to address the root causes of debt and focus on people and our shared planet.

The Gospel of Ash Wednesday calls each of us to a spirit of prayer, fasting, and almsgiving during the 40 days of Lent. Some suggestions for each of these are listed below.

Prayer

Weekday Mass: Many people choose to attend weekday Mass as a special Lenten community prayer time. There is morning Mass in our parish at 8:30 a.m., each Tuesday, Thursday and Friday. There will be Mass each Wednesday evening during Lent at 7 p.m.

Stations of the Cross will be celebrated each Wednesday evening at 6:30 p.m. before Mass. The church is also open from 9 a.m. to noon. Tuesday through Friday if you would like to celebrate the stations in private or spend some time in prayer in the Blessed Sacrament Chapel.

Sacrament of Reconciliation: Lent is an important time to celebrate the sacrament of Reconciliation in preparation for the Paschal Triduum. Fr. Brian is available for reconciliation 45 to 15 minutes before every Mass in the reconciliation room.

Daily Reflection Materials Daily scripture reflection booklets are available as well as the book *33 Days to Eucharistic Glory* as a special pilgrimage during this Jubilee 2025 Lenten season. Contact the office for more information.

Light in the Darkness All are welcome to a prayer service in support of victims of clergy sexual abuse at 7 p.m. on Friday, March 14 in the church. May the graces of this Jubilee year enable us into a synodal relationship that demonstrates a commitment to restoring justice, trust and healing for those who bear the deep wounds of clergy sexual abuse.

Fasting

Although the Church is not as specific about regulating fasting and abstaining from meat in the last few decades, a penitential spirit is still stressed for the season of Lent. Ash Wednesday and Good Friday are days of fast (ages 18 to 59) and abstinence from meat (14 and older) in the Roman Catholic Church in Canada. Each individual is invited to decide what acts of penance they will offer during the Lenten season. Our acts of penance can be positive acts of love as well as the traditional fasting and abstinence from meat on certain days or “giving something up”!

Almsgiving

Lent is a time to look at ourselves and the attractions of our materialistic society and make an effort to help our brothers and sisters in need. Families and individuals may wish to choose a Lenten project of outreach to the poor locally and in other areas of the world. There are envelopes available for our Share Lent collection for Development and Peace projects which can be offered on Solidarity Sunday or at the Good Friday celebrations. Materials on development projects are available in the church foyer. Social Justice will offer a special reflection at masses on Solidarity Sunday, April 6. Donations to “Families in Need”, food collections for those in need in Regina and other local programs are also welcome any time.

Please take advantage of these and any other opportunities to make this Lent a special time of purification and enlightenment, preparing to renew our baptismal promises at Easter with true open hearts and spirits.



We welcome everyone to an evening prayer service.

Friday, March 14th, at Holy Child Parish.

LIGHT IN THE DARKNESS



SUPPORTING VICTIMS OF CLERGY SEXUAL ABUSE

May the graces from the Jubilee year enable us to foster a synodal relationship with those who bear the deep wounds of clergy sexual abuse. By acknowledging the harm, addressing the trauma, and walking alongside the wounded, we demonstrate a commitment to restoring justice and trust for all.

Holy Child Parish 2636 – 7th Ave E.

Friday, March 14th at 7 pm

Coffee and conversation will follow in the hall.



SPRING SUPPER SPECTACULAIRE

**Roast Beef, Cabbage Rolls &
Perogie Supper
By Charlotte's Catering**

Adults: \$40
Children 12 & under: \$10

To Purchase Tickets:
Call: Faye @ 306-527-9363 or
Carol @ 306-536-1663
E-transfer: hcsocialjustice@sasktel.net



An evening of stories,
humour, music and
reflection by
Archbishop Don Bolen

Holy Child Parish, 2636-7th Ave E, Regina

SUNDAY, MARCH 23 | 5:00 PM

Sponsored by Holy Child Social Justice Committee

Thank you for your support!



Archdiocese of Regina

Bulletin

March 9, 2025

First Sunday of Lent

MyGen Youth Rally

Young people in grades 9 -12 (mature grade 8's also welcome) from around the Archdiocese are invited to come together for a celebration of community and faith at this year's "My Gen" Youth Rally. This one-day event is free of charge and happens on Saturday March 29th at Archbishop M.C. O'Neill High School in Regina. It starts at 9:00 am and ends at 11:00 pm. It will be a day of music, talks, games, prayer, service projects, sacraments and community. Further info and registration link can be found at: mygenrally.ca Spots ARE limited!

Light in the Darkness Prayer Service to Support Victims of Clergy Sexual Abuse

All are welcome to join us on March 14th at 7 pm at Holy Child Parish 2636 -7th Ave E. for an evening prayer service, Light in the Darkness, to support victims of clergy sexual abuse. May the graces of the Jubilee year enable us to enter into a synodal relationship that demonstrates a commitment to restoring justice, trust and healing for those who bear the deep wounds of clergy sexual abuse. Coffee and conversation in the hall afterwards.



Renew Lent

Weekly Reflections and Resources Sign up at archregina.sk.ca/news

Archdiocese of Regina RENEW Lent

RENEW your Lent with weekly reflections, music, prayer resources, and other Lenten activities to enhance your Lenten journey, from Ash Wednesday to Holy Week. Sign up at archregina.sk.ca/news or email communications@archregina.sk.ca.

Stewardship Bulletin Bit

"I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me." - Deuteronomy 26:10

This line from the Old Testament offers two challenges. First, do you give to God from your "first fruits" - the first and best that you have to offer? Or do you give what you have left over? Second, do you realize that everything you have and that everything you are has been given to you by God? We aren't owners of anything; we are merely stewards of God's gifts. Pray for a grateful and generous heart every day, in all circumstances.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

A signature to Turn Debt into Hope

Next Sunday, March 16, you will be invited to sign the global Turn Debt into Hope campaign petition that calls for an end to unjust debt. With inequalities widening as rich countries continue enriching themselves by exploiting the resources of the poorest countries, we respond to Pope Francis's call: "In the spirit of this Jubilee Year, I urge the international community to work towards forgiving foreign debt in recognition of the ecological debt existing between the North and the South of this world. This is an appeal for solidarity, but above all for justice."



(Message for the World Day of Peace, January 1, 2025). Help us reach the Canadian goal of 100,000 signatures, which will feed into the global goal of 10 million signatures. Sign now at devp.org/debt. Thank you for your solidarity!

TF #441 Brett Salkeld and Thomas Harmon on Ordo Amoris – Part Three

In this conclusion to our three-part series with Dr. Brett Salkeld and Thomas Harmon, we examine the complexities of immigration policy, the virtue of prudence in Catholic social teaching, and the deacon's role in personally serving those in need. The discussion explores how immigration policies impact family unity, the role of media in shaping public perception, and the tension between international and local solidarity. Through it all, we emphasize the need for nuanced, good-faith conversations that align with Catholic moral principles while allowing for diverse prudential judgments. thinkingfaith.libsyn.com/brett-salkeld-and-thomas-harmon-on-or-do-amoris-part-3

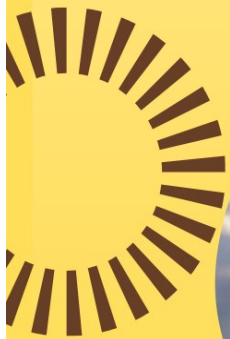
The Myriam Family invites you to a day retreat



The adventure of my spiritual journey;

The illuminative phase

Talk, Mass, adoration, lunch, prayer ministry, fellowship.



To register

March 22nd 2025

From 9h30 to 4h00

At our home in McLean, SK

Free will offering

Call Sr. Stéphanie at 306-761-0528 or
pss.prairies@famillemymriam.org



*Mental Health
Way of the Cross
and Mass
With a Reflection
from Amanda
Achtman*

Friday, March 28

7:00 pm

Christ the King

Parish

3239 Garnet Street



emmaussupport.ca

LIVING HOPE

An Evening of:

*Personal Testimonies,
Reflection from Bishop Don*

*Panel with:
Amanda Achtman
and Local Health Care
Professionals*

Followed by Q&A



Amanda Achtman



ARCHDIOCESE OF
Regina



Wednesday, March 26



7:00-8:30 PM



St. Anne Parish
1701 Cowan Crescent

Sacrament of Baptism:

Please call the parish office (306-789-8276).

Sacrament of Reconciliation:

Celebrated 45 minutes before each Mass (ending 15 minutes before Mass). Also, by appointment: contact the pastor (306-789-8276).

Sacrament of Anointing:

Contact the pastor (306-789-8276).

Sacrament of Marriage:

Please call the pastor (306-789-8276) at least 8 months prior to the intended marriage date.

Spiritual Care at the Hospitals:

If you or a family member are at the General Hospital, Pasqua Hospital, or Wascana Rehabilitation Centre and would like a visit from a Catholic Chaplain, or to arrange for the anointing of the sick, please call the chaplain directly:

- General Hospital (306-519-1405)
- Pasqua Hospital (306-519-1380)
- Wascana Rehabilitation (306-530-6511)

**Holy Child Parish Council
Meetings 3rd Tuesday at 7:00 p.m.**

Gerald Hoffart	Chairperson
Vacant	Vice-Chairperson
Agnes Parisloff	Social Justice
Faye Helmerson	Social Justice
Gerald Hoffart, GK	Knights of Columbus
Paul Ponak	Finance
Wayne Matt	Hall/Catering
Dave Helmerson	Building & Grounds
Maureen Wild	Secretary
Sharon Bender	Deanery Representative
Laurie Kirkness	Member at Large
Ron and Marsha Nicolson	Members at Large
Charlene Rogalski	Member at Large

Parish Team

Pastor	Fr. Brian Meredith
Permanent Deacon	Rev. Mr. Dennis Ziegler
Pastoral Assistant	Marian Grady
Business Manager	Gail Kraft
Administrative Assistant	Rita Wingert

Catholic Schools

[St. Catherine](#), 150 Brotherton Ave., 306-791-7323

[St. Elizabeth](#), 5149 E. Green Brooks Way, 306-791-7300

[St. Theresa](#), 2707-7th Ave. E., 306-791-7390

[Miller High School](#), 1027 College Ave., 306-791-7230

NEW PARISHIONERS / CHANGE OF ADDRESS

Please complete this form and place it in the collection basket or send it to the parish office

Name(s): _____

Address: _____ Postal Code _____ Phone _____

Children's name(s) (living at home), and year of birth

Email Address (optional)

New Change of Address

Wish to have church envelopes

(Direct deposit available upon request)

For questions about donations, please click [here](#) or email holychild@sasktel.net