

Holy Child Roman Catholic Parish

Holy Child Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

2636-7th Avenue East, Regina, Sk., S4N 6A3

Office: 306-789-8276

Parish Office: Open Tuesday to Friday from 9 am to Noon

Email: holychild@sasktel.net

Website: www.holychild2019.ca

Fax: 306-789-2171



February 2, 2025 Presentation of the Lord World Day for Consecrated Life

**First Reading: Malachi 3:1-4 Psalm 24 Second Reading: Hebrews 2:10-11, 13b-18
Gospel: Luke 2:22-40**



Weekday Masses: Tuesday to Friday at 8:30 am

Weekend Masses: Saturday 7:00 pm

Sunday 9:00 am & 11:00 am

Children's Bulletin

For other resources, please go to the Archdiocese of Regina website:

www.archregina.sk.ca



February 2, 2025 – Presentation of the Lord

Masks are optional for everyone. Masks are optional for communion ministers.

Some good practices to protect yourself, and others, against Covid-19 and other viruses:

- Practice proper cough and sneezing etiquette (into a tissue or the bend of your elbow).
- Practice frequent handwashing.
- Please stay home if you are sick.

Sympathies: to Bob Wihlidal and family on the death of his wife, Denise.
to the family of the late Jillian Norlander.

This Sunday, February 2, we celebrate feast of the Presentation of the Lord when Mary and Joseph presenting Jesus in the temple 40 days after his birth. This was established as the World Day for Consecrated Life by Pope John Paul II, stating that "The purpose of this day is to help the entire Church to esteem more greatly the witness of those persons who have chosen to follow Christ by means of the practice of the evangelical counsels and to be a suitable occasion for consecrated persons to renew their commitment and rekindle the fervour which inspire their offering of themselves to the Lord." Please keep members of religious congregations, secular institutes, associations of the faithful and all who live the vows of poverty, chastity and obedience in your prayers today! The 4th Sunday in Ordinary Time!!

Mass Intentions for the week of February 4 - 7:

Tuesday, February 4 –

Wednesday, February 5 –

Thursday, February 6 – Intentions to break a chain

Friday, February 7 - +for all Souls



The Social Justice Committee will hold their monthly meeting Thursday, Feb 6 at 7:00 pm. Guest speakers will be from the Marian Centre. All are welcome.

The Annual General Meeting will be held on Sunday, March 2, 2025 at 12:15 pm in the hall (or Balzer Room)

We encourage all members of the Parish to consider coming forward to join the Council.

All are welcome to attend, Holy Child needs YOU!

Positions to be elected at AGM for 2025:

- **Chairperson.** The duties and responsibilities of the chairperson include but are not limited to the following: • consultant to the parish priest when needed • prepare agenda for Pastoral Council meetings with parish priest • chair Pastoral Council meetings • one representative on Finance Council • chair for AGM • chair committee re: amendments to the constitution when needed • (chair) recommends parishioners for Lay Ministry Formation • initiate the AGM Organizing Committee • initiate the planning of Pastoral Council retreat • welcome the Archbishop at Confirmation.

The chairperson shall be elected for a three-year term of office. They may be elected for two consecutive terms. Prior to another re-election they must be absent from that position for one year. The chairperson and vice-chairperson shall have Holy Child Pastoral Council experience.

- **Members at Large.** The duties and responsibilities of Members at Large include, but are not limited to, the following: • be a voice for issues and concerns from parishioners • report activities they are aware of to Pastoral Council • be in touch with the pulse of the Parish as a whole and take on unassigned duties as required.

Maximum of four Members at Large shall be elected at the Annual General Meeting for a three year term with eligibility of re-election. One position shall be a Youth Member at Large.

Eligibility: Only registered parishioners fully initiated in the Catholic Church and 16 years of age or older shall be eligible to serve on the Pastoral Council as set out in the by-laws.

**2025 Church Donation Envelopes are ready to be picked up in the foyer.
Put your name and amount of donation on the front when using envelopes.**



Parishioners are encouraged to use donation envelopes or Pre-Authorized Debit.

Your donations are recorded, and an income tax receipt is issued.

If you would like a box for 2025, please see the sign-up sheets in the foyer or call the office.

If you are new to the Parish and have not registered or any changes in your address, phone number, please use the "New Parishioners/Change of Address" form on the back page of the bulletin or call the office.

Kindergarten Registrations

St. Catherine School is currently accepting registrations for our Pre-Kindergarten, Kindergarten and Elementary Intensive Support Classroom (EISC). Kindergarten students must be 5 years old as of December 31, 2025. Please visit our website www.stcatherine.rcsd.ca to submit your registration. If you have any questions, please do not hesitate to contact us at (306)791-7325.

St. Theresa School is now accepting Pre-Kindergarten and Kindergarten registrations for the fall.

Pre-Kindergarten must be 3 years old before they start, and Kindergarten students must be 5 years old as of December 31, 2025. To register please go to our website <https://sttheresa.rcsd.ca/register> and select the correct registration form for Pre-Kindergarten or Kindergarten.

French Immersion Registration at Ecole St. Elizabeth, located at 5149 E Green Brooks Way, is accepting registrations for kindergarten to Grade 8 for the 2025/2026 school year. Call 306-791-7300 to register. For details, please visit at www.rcsd.ca/school/StElizabeth. Children must be five (5) years of age by December 31, 2025, and must reside in our attendance area.



Knights' (K)news – Archbishop O'Neill # 8896

At the January 27th regular Council meeting, former District Deputy Jim Stoffel presented the Council with the 2023-2024 Columbian Award. The Award is achieved by meeting programs within the Faith in Action (F in A) list of programs under the headings of Faith, Family, Community & Life. The Council details some of their activities – four programs under each of the headings.

Deputy Grand Knight Eugene Achtemichuk accepted on behalf of the Council.

Each year Knights of Columbus Councils submit an Annual Fraternal Survey, which outlines charitable giving (\$\$) and the number of volunteer hours (F in A programs) expended during the year. Our Council has just completed this survey. The numbers really make you sit back & 'take a breath'! We have 114 (Jan 01) members in the Council. In 2024 charitable donations were just over \$20,000; 14,500 in volunteer hours.

We can all be proud & humbled by the impact this provides to our Parish, community & world!

Let's look more globally – the Knights of Columbus is the largest fraternal organization in the world with over 2.1M members. Here are some stats - \$193M in donations; 47.5M volunteer hours; 224,696 Coats for Kids this year; 11,903 wheelchairs.

A lot of this is possible due to the insurance business through the Knights. Knights insurance is in the top-tier of insurance companies, in the world, with superior ratings from agencies like Standard & Poor's and A.M. Best. They deal only in ethical investments. Our local agent is Jimmy Johnson (306.527.4267) – he's more than happy to have a chat.

Not a member....yet? We welcome you to Knights of Columbus family.

Angels4warmth – on Jan 09th 1,275 clothing items were delivered to 22 agencies. The next delivery date is Feb 06th

Council will be assisting residents at Santa Maria Senior Citizen's Centre for bingo on Feb 15th.

For more information:

Gerald Hoffart, Grand Knight – 306.331.6858; gphoffart@sasktel.net

Paul Ponak, Financial Secretary – 306.790.9317; prponak@sasktel.net

Norbert Philippe, Program Director – 306.789.0073; norphi@sasktel.net





In Loving Memory

MEMORIAL BOOK
This month we will remember

<i>Annie Kary</i>	<i>Feb. 1, 2009</i>
<i>Olga Nasewich</i>	<i>Feb. 1, 2018</i>
<i>Roy Selinger</i>	<i>Feb. 3, 1997</i>
<i>William Prokopetz</i>	<i>Feb. 3, 2011</i>
<i>Bernard Parisloff</i>	<i>Feb. 4, 2000</i>
<i>Amelia Steinhubl</i>	<i>Feb. 4, 2012</i>
<i>Valerie Kobialko</i>	<i>Feb. 4, 2020</i>
<i>Stephen Klock</i>	<i>Feb. 5, 1988</i>
<i>Helen Lenius</i>	<i>Feb. 6, 2002</i>
<i>Joe Wihlidal</i>	<i>Feb. 6, 2016</i>
<i>Maureen Gass</i>	<i>Feb. 8, 2015</i>
<i>Jacob Schaaf</i>	<i>Feb. 10, 1991</i>
<i>Mary Weisgerber</i>	<i>Feb. 10, 2002</i>
<i>Antonia Vlahovich</i>	<i>Feb. 11, 1994</i>
<i>Casey (KJ) Renkas</i>	<i>Feb. 11, 2011</i>
<i>Ann Greenwald</i>	<i>Feb. 12, 1984</i>
<i>Stella Savoie</i>	<i>Feb. 12, 1993</i>
<i>Christopher L. Kuzmicz</i>	<i>Feb. 12, 2003</i>
<i>Helen Fahlman</i>	<i>Feb. 12, 2008</i>
<i>Roy Klock</i>	<i>Feb. 12, 2023</i>
<i>Jennie Bertrand</i>	<i>Feb. 13, 1991</i>
<i>Stanley Niedzwiedz</i>	<i>Feb. 14, 1983</i>
<i>August Nagel</i>	<i>Feb. 15, 2007</i>
<i>Anthony Wihlidal</i>	<i>Feb. 15, 2011</i>
<i>Katherine Sebastian</i>	<i>Feb. 16, 1991</i>
<i>Doreen Klock</i>	<i>Feb. 16, 2001</i>
<i>Clara Fahlman</i>	<i>Feb. 16, 2017</i>
<i>Michael Donauer</i>	<i>Feb. 17, 1979</i>
<i>Mary Walchuk</i>	<i>Feb. 17, 1991</i>
<i>Patricia Sharber</i>	<i>Feb. 17, 1996</i>
<i>Gładys Fuchs</i>	<i>Feb. 17, 2017</i>
<i>Anne Hanowksi</i>	<i>Feb. 18, 2003</i>
<i>Mathias Volk</i>	<i>Feb. 18, 2010</i>
<i>Katherine Brodner</i>	<i>Feb. 19, 2004</i>
<i>Ron Mastel</i>	<i>Feb. 19, 2021</i>
<i>Michael Kary</i>	<i>Feb. 20, 2005</i>
<i>Stephanie Straub</i>	<i>Feb. 20, 2013</i>
<i>Marlene Kessel</i>	<i>Feb. 21, 2016</i>
<i>Henri Balzer</i>	<i>Feb. 22, 1986</i>
<i>Ralph Melle</i>	<i>Feb. 22, 2006</i>
<i>John Wittman Jr.</i>	<i>Feb. 23, 1977</i>
<i>Ruwan Ranasinghe</i>	<i>Feb. 23, 1989</i>
<i>Louis Senger</i>	<i>Feb. 24, 1964</i>
<i>Sophie Schatz</i>	<i>Feb. 24, 1993</i>
<i>Rosalie L'Heureaux</i>	<i>Feb. 24, 1993</i>
<i>Mary Gafencu</i>	<i>Feb. 26, 2002</i>
<i>Thomas Reis</i>	<i>Feb. 26, 2004</i>
<i>Les Anderson</i>	<i>Feb. 27, 2004</i>
<i>Tillie Schneider</i>	<i>Feb. 27, 2010</i>
<i>John Francais</i>	<i>Feb. 28, 1999</i>
<i>Msgna Zere</i>	<i>Feb. 2024</i>



*In Our
 Thoughts
 and Prayers*





Free Webinar: Caring for Our Common Home

From February 2 to 8, 2025, Canada will celebrate the sixth annual National Catholic Health Care Week. This is a time to recognize the mission and contributions of Catholic health teams and ministries across the country.

This year's theme, Caring for Our Common Home, highlights the profound connection between human health and the health of the planet.

You are invited to join a free webinar on February 6, 2025, from 12:00 – 1:30 pm, featuring information and inspiring stories from Catholic health care. Please see the attached poster and the link below to register:

[us02web.zoom.us/meeting/register/17rf8Y5JSLuYTVgYyamxTA#?registration](https://us02web.zoom.us/j/817rf8Y5JSLuYTVgYyamxTA#?registration)

Additionally, weekly resources, including daily prayers and reflections, are available to help you explore how our individual and collective actions can promote a healthy world where all can thrive. These materials can be accessed on the CHAC website:

chac.ca/en/national-catholic-health-care-week/

Thank you for supporting this important week of reflection and celebration.



Life in Abundance as Proclaimed by a Universal Christ - A 7-Episode video series with Father John Weckend

Father John shares some of his reflections on a cosmic and more universal approach to 'The Christ'.

It brings a broader approach to the dogma of the Incarnation and how it affects our life and spirituality.

Episode 3 now available. The remaining episodes will be released weekly on Friday at 7 am.

If you enjoy the videos, please Like or Subscribe. Feedback is welcome in the Comments or email FatherJohnWeckend@gmail.com

Use one of these ways to watch:

- [Father John Weckend YouTube Channel.](#)
- On YouTube, search @FatherJohnWeckend.



Turn Debt Into Hope – Worldwide Caritas Campaign Workshop

Our Holy Father has called us all to journey on a pilgrimage of hope this year of Jubilee. But, at the same time, [there are over 3.3 billion people in our world](#) who live in countries wracked with spiraling national debt costs. Pope Francis calls on all the Catholic faithful to journey towards Jubilee justice this year, [by taking a stand to promote fairness in international debt relief](#)

[amid the climate crisis.](#) Join Development and Peace – Caritas Canada [members](#) as we respond to this call in our Parish and Diocesan communities. online workshops (these will be both online and in-person):

February 15 at 10:00 am – 11:15 am (PA workshop) register at: [us02web.zoom.us/meeting/register/tU0bNphUSnuvbX-ZY9VQx0w##?registration](https://us02web.zoom.us/j/817rf8Y5JSLuYTVgYyamxTA#?registration)

Contact: Mike LeBlanc at 306-205-2334 or mleblanc@devp.org. Visit devp.org for more info.



TF #437: Living In The Psalms - Part 3

Join Deacon Eric Gurash for part three of Living in the Psalms. This week, discover the over-arching theme of the Psalms and examine how to approach the Psalms from a personal, lived perspective. Deepen your understanding of how to see and hear the

Psalms through the lens of metaphor, parallels and repetition and how these tools of Hebrew poetry can help connect the Psalms to our daily lives.

thinkingfaith.libsyn.com/living-in-the-psalms-part-4

Stewardship Bulletin Bit

"Because he himself was tested through what he suffered, he is able to help those who are being tested." – Hebrews 2:18

When we join a support group, there is comfort in sharing our pain with people who have experienced the same thing; they understand what we are going through. The next time you experience suffering, talk to Jesus. He has experienced more suffering than most of us; He understands. Plus, Jesus knows us better than we know ourselves. Only He can fill the hole you feel in your heart.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



The Holy See

MESSAGE OF HIS HOLINESS POPE FRANCIS XXXIII WORLD DAY OF THE SICK

11 February 2025

***“Hope does not disappoint” (Rom 5:5),
but strengthens us in times of trial***

Dear brothers and sisters,

We are celebrating the 33rd World Day of the Sick in the Jubilee Year 2025, in which the Church invites us to become “pilgrims of hope”. The word of God accompanies us and offers us, in the words of Saint Paul, an encouraging message: “Hope does not disappoint” (*Rom 5:5*); indeed, it strengthens us in times of trial.

These are comforting words, but they can also prove perplexing, especially for those who are suffering. How can we be strong, for example, when our bodies are prey to severe, debilitating illnesses that require costly treatment that we may not be able to afford? How can we show strength when, in addition to our own sufferings, we see those of our loved ones who support us yet feel powerless to help us? In these situations, we sense our need for a strength greater than our own. We realize that we need God’s help, his grace, his Providence, and the strength that is the gift of his Spirit (cf. *Catechism of the Catholic Church*, 1808).

Let us stop for a moment to reflect on how God remains close to those who are suffering in three particular ways: through *encounter*, *gift* and *sharing*.

1. *Encounter*. When Jesus sent the seventy-two disciples out on mission (cf. *Lk 10:1-9*), he told them to proclaim to the sick: “The kingdom of God has come near to you” (v. 9). He asks them, in other words, to help the sick to see their infirmity, however painful and incomprehensible it may be, as an opportunity to encounter the Lord. In times of illness, we sense our human frailty on the physical, psychological and spiritual levels. Yet we also experience the closeness and compassion of God, who, in Jesus, shared in our human suffering. God does not abandon us and often

amazes us by granting us a strength that we never expected, and would never have found on our own.

Sickness, then, becomes an occasion for a transformative encounter, the discovery of a solid rock to which we can hold fast amid the tempests of life, an experience that, even at great cost, makes us all the stronger because it teaches us that we are not alone. Suffering always brings with it a mysterious promise of salvation, for it makes us experience the closeness and reality of God's consoling presence. In this way, we come to know "the fullness of the Gospel with all its promise and life" (SAINT JOHN PAUL II, *Address to Young People*, New Orleans, 12 September 1987).

2. This brings us to the second way that God is close to the suffering: as *gift*. More than anything else, suffering makes us aware that hope comes from the Lord. It is thus, first and foremost, a gift to be received and cultivated, by remaining "faithful to the faithfulness of God", in the fine expression of Madeleine Delbr el (cf. *La speranza   una luce nella notte*, Vatican City 2024, Preface).

Indeed, only in Christ's resurrection does our own life and destiny find its place within the infinite horizon of eternity. In Jesus' paschal mystery alone do we attain the certainty that "neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God" (*Rom* 8:38-39). This "great hope" is the source of all those small glimmers of light that help us to see our way through the trials and obstacles of life (cf. BENEDICT XVI, *Spe Salvi*, 27, 31). The risen Lord goes so far as to walk beside us as our companion on the way, even as he did with the disciples on the road to Emmaus (cf. *Lk* 24:13-53). Like them, we can share with him our anxieties, concerns and disappointments, and listen to his word, which enlightens us and warms our hearts. Like them too, we can recognize him present in the breaking of the bread and thus, even in the present, sense that "greater reality" which, by drawing near to us, restores our courage and confidence.

3. We now come to God's third way of being close to us: through *sharing*. Places of suffering are frequently also places of sharing and mutual enrichment. How often, at the bedside of the sick, do we learn to hope! How often, by our closeness to those who suffer, do we learn to have faith! How often, when we care for those in need, do we discover love! We realize that we are "angels" of hope and messengers of God for one another, all of us together: whether patients, physicians, nurses, family members, friends, priests, men and women religious, no matter where we are, whether in the family or in clinics, nursing homes, hospitals or medical centres.

We need to learn how to appreciate the beauty and significance of these grace-filled encounters. We need to learn how to cherish the gentle smile of a nurse, the gratitude and trust of a patient, the caring face of a doctor or volunteer, or the anxious and expectant look of a spouse, a child, a grandchild or a dear friend. All these are rays of light to be treasured; even amid the dark night of

adversity, they give us strength, while at the same time teaching us the deeper meaning of life, in love and closeness (cf. *Lk 10:25-37*).

Dear brothers and sisters who are ill or who care for the suffering, in this Jubilee you play an especially important part. Your journey together is a sign for everyone: “a hymn to human dignity, a song of hope” (*Spes Non Confundit*, 11). Its strains are heard far beyond the rooms and beds of health facilities, and serve to elicit in charity “the choral participation of society as a whole” (*ibid.*) in a harmony that is at times difficult to achieve, but for that very reason is so comforting and powerful, capable of bringing light and warmth wherever they are most needed.

The whole Church thanks you for this! I do as well, and I remember you always in my prayers. I entrust you to Our Lady, Health of the Sick, in the words that so many of our brothers and sisters have addressed to her in their hour of need:

We fly to your protection, O Holy Mother of God.
Do not despise our petitions in our necessities,
but deliver us always from all dangers, O glorious and blessed Virgin.

I bless you, along with your families and loved ones, and I ask you, please, not to forget to pray for me.

Rome, Saint John Lateran, 14 January 2025

FRANCIS



MADE FOR GREAT F+NESS

A CATHOLIC MEN'S EVENT

Featuring **AARON RESLER**, MfG planning team member
and active parishioner at Holy Family Parish

Friday, February 7 from 6:00 to 8:30 PM

Meal Served at 6:00

Presentation and Chat at 6:30

Devotions and Confession at 7:30

Conclusion and Fellowship at 8:30

Our Lady of Peace Parish

425 Broad Street N

Regina, SK

Sunday

Feb. 16

11:30 a.m.

Rock of All Ages



Youth Group

God Is Love!

Come Share.

**International
Lunch
Potluck**

Games

Dance

Fun

Music

St. Peter Parish

100 Argyle St.

Call 306-525-5507 if needed.

Sacrament of Baptism:

Please call the parish office (306-789-8276).

Sacrament of Reconciliation:

Celebrated 45 minutes before each Mass (ending 15 minutes before Mass). Also, by appointment: contact the pastor (306-789-8276).

Sacrament of Anointing:

Contact the pastor (306-789-8276).

Sacrament of Marriage:

Please call the pastor (306-789-8276) at least 8 months prior to the intended marriage date.

Spiritual Care at the Hospitals:

If you or a family member are at the General Hospital, Pasqua Hospital, or Wascana Rehabilitation Centre and would like a visit from a Catholic Chaplain, or to arrange for the anointing of the sick, please call the chaplain directly:

- General Hospital (306-519-1405)
- Pasqua Hospital (306-519-1380)
- Wascana Rehabilitation (306-530-6511)

**Holy Child Parish Council
Meetings 3rd Tuesday at 7:00 p.m.**

Charlene Rogalski	Chairperson
Gerald Hoffart	Vice-Chairperson
Agnes Parisloff	Social Justice
Faye Helmerson	Social Justice
Gerald Hoffart, GK	Knights of Columbus
Paul Ponak	Finance
Wayne Matt	Hall/Catering
Dave Helmerson	Building & Grounds
Maureen Wild	Secretary
Sharon Bender	Deanery Representative
Laurie Kirkness	Member at Large
Vacant	Member at Large

Parish Team

Pastor	Fr. Brian Meredith
Permanent Deacon	Rev. Mr. Dennis Ziegler
Pastoral Assistant	Marian Grady
Business Manager	Gail Kraft
Administrative Assistant	Rita Wingert

Catholic Schools

[St. Catherine](#), 150 Brotherton Ave., 306-791-7323

[St. Elizabeth](#), 5149 E. Green Brooks Way, 306-791-7300

[St. Theresa](#), 2707-7th Ave. E., 306-791-7390

[Miller High School](#), 1027 College Ave., 306-791-7230

NEW PARISHIONERS / CHANGE OF ADDRESS

Please complete this form and place it in the collection basket or send it to the parish office

Name(s): _____

Address: _____ Postal Code _____ Phone _____

Children's name(s) (living at home), and year of birth

Email Address (optional)

New Change of Address

Wish to have church envelopes

(Direct deposit available upon request)

For questions about donations, please click [here](#) or email holychild@sasktel.net